

Golden Springs

SURGICAL CENTERS

67555 E PALM CANYON DR STE F117, CATHEDRAL CITY, CA 92234-5467

Phone: (760) 656-6111

Welcome to our Golden Springs Surgery Center, we are delighted to take care of you!

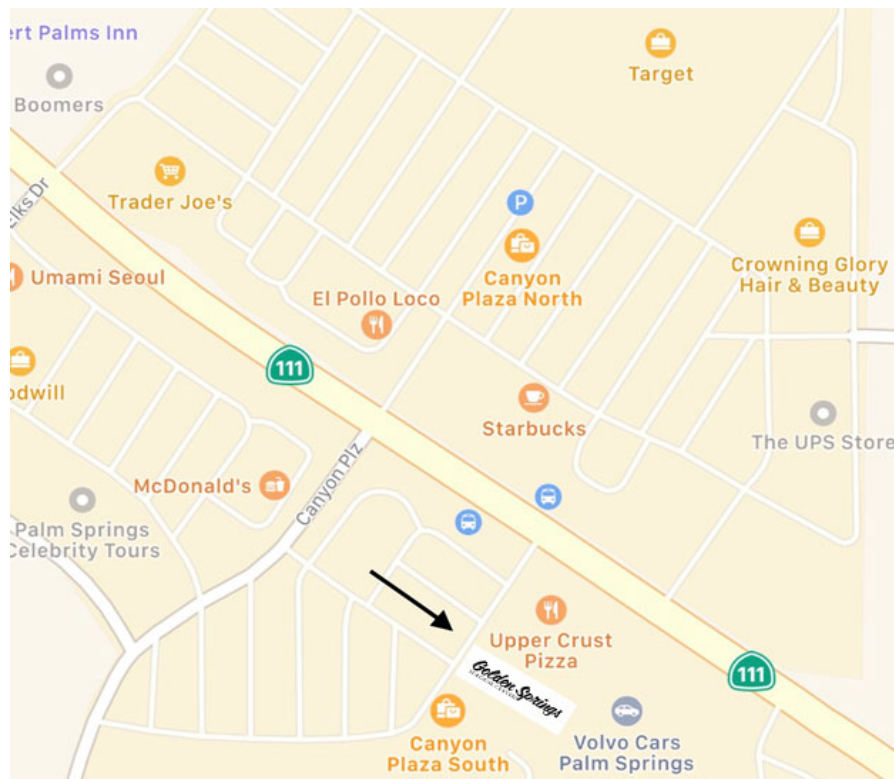


Patient Name _____ DOB _____

Appointment date _____ Time _____

Procedure _____

Physician _____



Please arrive 1.5 hours prior to your scheduled procedure time to avoid being rescheduled for your appointment. We are located in the Canyon Plaza South Shopping Center on CA Highway 111, please take the **eastern entrance** next to Upper Crust Pizza.

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To ensure the best quality care and experience we ask that you please follow these guidelines:

- A driver is required for your appointment.
- The night prior to or morning of your appointment please shower using an antibacterial soap such as Dial, Phiosoderm, or Lever. **DO NOT** apply lotions, perfume/cologne or powder after you shower.
- Please take your regular medication, including pain medication, on the day of surgery. If you are diabetic or have high blood pressure continue taking your medications as directed.
- Please bring a complete list of medications and vitamins.
- **For sedation patients and general anesthesia:** do not eat or drink anything for 8 hours prior to your appointment. You may have a “sip” of water to take medications and when you are thirsty until 2 hours prior to your scheduled appointment.
- If you are diabetic, please limit your intake to bland and small portions, such as slice of toast or a couple crackers to maintain safe blood sugar levels. Please check your blood sugar prior arriving to the surgery center. If scheduled for a steroid injection your procedure may be rescheduled if blood sugar is significantly elevated.
- Please refrain from bringing children to the surgery center as we are limited in space, we apologize for any inconvenience.
- Pets are **NOT** allowed, except for service animals.

Please remember to stop the use of any anti-inflammatory/blood thinner medication prior to your scheduled procedure, such as:

Aspirin 325mg - with cardiologist or PCP approval	Stop for 7 days
Aspirin (ASA 81mg, Excedrin, Ecotrin, Bayer, Bufferin)	Stop for 7 days
Celebrex (Celecoxib)	Stop for 3 days
Diclofenac (Cambia, Cataflam, Voltaren, Voltaren-XR, Zipsor, Zorvolex)	Stop for 1 days
Etodolac (Lodine)	Stop for 2 days
Excedrin	Stop for 7 days
Ibuprofen (Advil, Addaprin, Bufen, Genpril, Haltran, Midol, Motrin, Nuprin, Proprinal, Q-Profen)	Stop for 1 days
Indomethacin (Indocin)	Stop for 2 days
Ketorolac (Toradol)	Stop for 1 days
Meloxicam (Mobic, Vivlodex)	Stop for 4 days
Nabumetone (Relafen)	Stop for 6 days
Naproxen (Aflaxen, Aleve, Anaprox, Naprelan, Naprosyn)	Stop for 4 days
Oxaprozin (Daypro)	Stop for 10 days
Piroxicam (Feldene)	Stop for 10 days
Fish oil (Omega 3), garlic, any supplements or vitamins	Stop for 7 days

Please notify the surgery center if you are taking Blood Thinner medications like Coumadin, Xarelto, Plavix, Eliquis and others. You most likely were asked to obtain medical clearance and instruction from your prescribing doctor before your appointment.

Our Nursing staff will be calling you within 24 hours before your scheduled appointment to go over any pre-procedure questions and information regarding your visit with us.